

# ANNUAL REPORT

# **MSU Extension Iron County**

Food • Ag • Youth • Health • Environment • Community

Since 1914, the Michigan State University (MSU) Extension has helped residents in Iron County improve their lives through an educational process that applies knowledge to critical issues, needs, and opportunities.

20

**524** 

**75** 

**532** 

Programs delivered in Iron County Iron

County Residents Programs Attended

Program

Participants

Participated in programs offered by MSU Extension

By Iron County residents, either incounty, outside of Iron County, or online. In programs led by Iron County staff on-line or statewide

219

Individual class sessions attended 14

Submissions to Ask-An Expert 7

Programs delivered by Iron County staff

IRON COUNTY STAFF

1

.5

.5

**Educators** 

Program Coordinator Extension Program Worker Partnership/coalition

# IRON COUNTY FOCUS AREAS

#### Agriculture

MSU Extension works to increase farmers' success while protecting the environment, ensuring food safety, reaching new markets and advancing agriculture through applied research. Agriculture is now one of the fastest growing sectors of the Michigan economy.

- Sheep and Goats for Small Farms
- Smart Gardening Volunteer Orientation/Training
- Extension Master Gardener Office Hours
- UP Project Funding Ideas 101
- Backyard Fruit 101 Webinar Series
- Smart Gardening at the Upper Peninsula State Fair
- Upper Peninsula Extension Master Gardener Program
- Cabin Fever Conversations 2021
- Iron River County Fair

#### Environment

Our natural resources programs improve public understanding, help landowners and communities use those assets for sustainable long-term social and economic development and conserve natural resources for future generations.

- Shoreline Health & Preservation
- Gogebic and Iron County Lake Outreach
- Meeting Deer's Nutritional Needs through Food Plots
- 2021 Introduction to Lakes Online Course
- NotMiSpecies Webinar- Ahoy Boaters!
- Citizen Science Program: MiCorps Cooperative Lakes Monitoring Program

## Community

Successful and thriving communities combine knowledgeable and engaged legislators, businesses, community groups and residents. By connecting these groups with the most trusted tools, MSU Extension helps enhance the quality of life in Michigan.

- Home Buyer Education
- Regional Meetings for ARPA Local Government Funding - WUPPDR
- Conducting Land Division Reviews

## Community (cont.)

- Fiscally Ready Communities
- Current Issues Affecting Michigan Local Governments Webinars
- Presentation to Iron County Board Tourism Programming in the UP

#### Health & Nutrition

MSU Extension's programming promotes healthy lifestyles and empowers Michigan residents to take control of their health. Participants learn how to build nutritious diets on a budget, reduce foodborne diseases and become leaders in the food industry.

- Pantry Food Safety It's Your Job
- 8 hour ServSafe Class- Iron County
- Online Matter of Balance
- Preparing for Holiday Stress Using Mindfulness
- One Time Presentations Iron River Senior Center/Crystal Falls Senior Center
- · Mindful Walking and Thought Surfing
- Stress Less with Mindfulness Mindful Eating

## Family and Youth

Keeping Michigan families strong and successful—financially, emotionally and physically—is a big part of measuring MSU Extension's success. Programs devoted to keeping families safe include those dealing with bullying and violence prevention.

- Iron County 4-H Open House
- Forest Park School Programming 1st, 3rd, 5th grades
- Crafts Around the World Virtual Experience
- 4-H Proud Equestrian Program
- Building Early Emotional Skills